

## **EXECUTIVE PRESENCE February - March 2019**

Executive Presence provides the opportunity for senior executives to increase their awareness of their impact on others, and develop their confidence and effectiveness when contributing ideas and direction in groups.

The Executive Presence Programme provides you with the opportunity to have the *presence* and *impact* you want through:

- Presenting yourself in ways that conveys and engenders confidence
- Using effective behaviours in a variety of group environments and situations, and judgement in when to apply these
- Increased authenticity and credibility through positive relationships
- A greater awareness and understanding of your impact on others and how to create the impression and presence needed
- A greater understanding of group dynamics especially at executive level and chairing meetings and your own role and impact within these settings

## **PROGRAMME STRUCTURE AND DATES**

The programme runs over 4 months and has the following structure to maximise learning and application.

| <b>Month prior to programme</b>  | <b>3 Half day group work sessions over three weeks</b>  | <b>Subsequent months</b>  |
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| <b>One-on-one preparation and goal setting:</b>  | <b>3 Wednesday mornings in March</b>  | <b>Two integration sessions</b>   |
| Goal setting and creating your personal learning programme<br><br>Identifying case studies, success indicators and post programme feedback process | <p><b>Fri 15th February</b><br/><b>Session 1: 8.30 - 12.30pm</b><br/>Exploring interpersonal perceptions and value systems around communication</p> <p><b>Fri 22nd February</b><br/><b>Session 2: 8.30 - 12.30pm</b><br/>Identifying sub groups and group dynamics in leadership teams: case studies</p> <p><b>Fri 1st March</b><br/><b>Session 3: 8.30 – 2.30pm</b><br/>Role training for new responses with specific case studies</p> | Two 1:1 coaching sessions for implementation, reviewing progress and refining and consolidating learning. |

**VENUE:** Willeston Conference Centre, 11/15 Willeston Street, Wellington

**ENROLMENTS:** email Diana on [dianaj@diana-jones.com](mailto:dianaj@diana-jones.com) or via your manager or sponsor.